Curriculum Objectives

- Develop a long standing evidence-based Substance Abuse, Brief Intervention and Referral to Treatment (SBIRT) curriculum.
- Teach Family Medicine Residents SBIRT practices and skills they will implement beyond their training into practice.

Teaching Strategies

- Small Group Discussion
- Skill-Building Workshop
- Peer-to-peer teaching
- Screening Questions In EHR
- Inpatient Clinical Supervision
- Outpatient Clinical Supervision

Reinforcing SBIRT Strategies

Clinical Supervision
All residents are supervised by a medical faculty member during both their inpatient & outpatient clinical practice.

Behavioral Health Supervision
PGY-1 residents are ‘shadowed’ by the behavioral science faculty to assess, teach and reinforce use/implementation of SBIRT practices and skills

Electronic Medical Record (EMR)
Our EMR provides residents with structured templates incorporating SBIRT screening questions during outpatient visits.

Other SBIRT Modules

Train-the-Trainees
- All Family Medicine faculty participated in a training session by Dr. Sandra Burge (UTHSC Project S-START) prior to the SBIRT curriculum development and implementation.

Introduction to SBIRT
Conducted during New Resident Orientation

- Describe project
- Present the rationale for SBIRT including substance abuse trends and patterns of abuse
- Review and Demonstrate Screening Tools:
  - Cage
  - Cage-AID
  - TACE
  - CRAFFT
  - ASSIST
- Review and Practice Motivational Interviewing (as a brief intervention)
  - Decisional Balance
  - Readiness to Change
- Review local resources for referral

The CHRISTUS Santa Rosa Family Medicine residency program features an intense full-spectrum hospital service, including maternity services, run by faculty family physicians. We offer pediatric inpatient training with Pediatric Intensive Care Unit and Neonatal Intensive Care Unit rotations. Our family medicine continuity clinics provide ample training in outpatient medicine. Training includes geriatrics continuity care and patient home visits. Sixteen weeks of elective. Daily conferences and didactic presentations supplement the clinical curriculum. Total of 21 residents.