**SBIRT in Obstetrics & Gynecology Project S-START Goals**

Develop and implement an SBIRT curriculum to:

1. Train OB/GYN residents how to use SBIRT.
2. Enhance resident readiness/confidence with SBIRT application.
3. Integrate SBIRT into ongoing clinical practice.

**Clinical Practice of SBIRT**

- Drug and alcohol abuse is a major health problem for American women regardless of socioeconomic status, race, ethnicity, and age.
- Pregnancy provides a unique opportunity to assist women with substance abuse who otherwise may not seek care – whether in the outpatient or inpatient setting.

Training and expectation for all UTHSC OB/Gyn residents (all levels) is to screen all patients - both OB and Gyn - for tobacco, alcohol and other substance use then follow through with BI/RT.

**Resident Research Project about SBIRT**

**Hypotheses:** SBIRT screening will…

1) occur more often after formal training has been instituted.
2) improve compliance with referral to treatment & may improve clinical outcome.

**Questions:**

1) Does PGY level matter in conducting SBIRT?
2) Are clinical outcomes improved?

**Study Design:** Retrospective chart review

- Charts studied pre- and post-intervention
- Charts represent each PGY training year
- Outcome variables: Number of prenatal visits, SBIRT use, patient compliance, referrals to treatment, perinatal outcomes

**Obstetrician-Gynecologists have an ethical obligation to learn and use a protocol for universal screening questions, brief intervention, and referral to treatment in order to provide patients and their families with medical care that is state-of-the-art, comprehensive, and effective.**

**Project S-START Teaching Modalities**

- Large group didactic
- Screening assignments
- Independent study
- Outpatient clinical supervision
- Pocket reminder cards: use CAGE/TACE or CRAFFT
- Role modeling
- EMR (electronic health record) screening questions: CRAFFT (adolescents) & CAGE/TACE as part of the social history

**Referral to Treatment**

- [The Patrician Movement](#)

**REFERENCE:**