Curriculum Objectives

- Develop an evidence-based SBIRT curriculum that will be sustainable over many years
- Improve and increase SBIRT practices in family medicine residents
- Promote SBIRT skills that residents will sustain beyond their training and into practice

Introduction to SBIRT

Conducted during New Resident Orientation

- Describe project & evaluation process
- Present the rationale for SBIRT
- Review Screening Tools
- Demonstrate Screening
- Practice Scoring ASSIST
- Review Motivational Interviewing (as a brief intervention)
- Practice Motivational Interviewing
- Review local resources for referral

Reinforcing SBIRT Strategies

ASSIST Screen Assignment
First-year residents must screen 12 hospital patients using the ASSIST screens during inpatient rotations (Fig 1)

Electronic Health Record (EHR)
The revised outpatient EHR now includes the SBIRT algorithm. This algorithm reminds residents and faculty to use SBIRT screening questions during outpatient visits.

Other SBIRT Modules

Train-the-Trainers
- Engaged a team of SBIRT teachers, including faculty and residents
- Provided “Intro to SBIRT” talks to faculty in 4 family medicine training programs
- Shared UTHSCSA curriculum for residents with all 4 programs

Grand Rounds
- Delivered 2 one-hour modules to a broad audience (faculty, residents, students, multiple sites): 1. Screening, 2. Brief Intervention.

Clinical Inquiries
- Reserved a computer lab during classroom time to guide an evidence-based literature search addressing 5 clinical cases.

2 Cultural Competency Workshops
- Invited clients from a local treatment center
- Engaged residents to develop cases based on their own cultural background