Annual Practice-Based Research Network (PBRN) Convocation

Improving patient care through practice-based research

Grand Hyatt Hotel
On the River Walk
San Antonio, TX

Sponsored by the Institute for the Integration of Medicine and Science—UT Health Science Center at San Antonio
Active Practice-Based Research Networks in South Texas

These PBRNs are always looking for new members. Contact a Director today if you are interested in being a part of translational research.

South Texas Ambulatory Research Network (STARNet)
Primary Care Network
Director: Walter Calmbach, MD, MPH
210-358-3930
Calmbach@uthscsa.edu

Residency Research Network (RRNet)
Family Medicine Residency Network
Director: Sandra Burge, PhD
210-358-3885
burge@uthscsa.edu

South Texas Psychiatry PBRN
Adult and Child Psychiatry Network
Director: Cervando Martinez, Jr. MD
210-567-5475
martinez@uthscsa.edu

South Texas Oral Health Network
Director: Rahma Mungia BDS,MSc, DDPHRCs
General Adult Dentistry Network
210-567-7809
mungia@uthscsa.edu

Practice-Based Research Network Core
Support existing PBRNs
Director: Michael Parchman, MD, MPH
210-617-5314
Parchman@uthscsa.edu
Dear Colleague:

We would like to take this opportunity to personally invite you to attend the Annual Practice-Based Research Network (PBRN) Convocation being held October 9-10, 2009 at the beautiful Grand Hyatt Hotel on the River Walk in San Antonio.

This convocation is our premier event where you—the practitioner—learn more about how research in your office or clinic informs us and makes us better clinicians. Our 2009 conference promises a diverse group of speakers presenting the latest updates and information available to include the following:

- Meeting the health care needs of returning combat veterans
- Protecting your practice from prescription drug abuse
- Preparing your office for pandemic influenza
- Updates on research projects and new opportunities for research in your office or clinic

We look forward to seeing each of you at the PBRN Convocation! Please call our office if you have any questions.

Sincerely,

Michael L. Parchman, MD, MPH (PBRN Core Director)
Sandra Burge, PhD (RRNet Director)
Walter Calmbach, MD, MPH (STARNet Director)
Cervando Martinez, MD (Psychiatry Network Director)
Rahma Mungia, BDS, MSc, DDPHRCs (South Texas Oral Health Network Director)

“If we want more evidence-based practice, we need more practice-based evidence.”

Lawrence W. Green, PhD

Any Questions?

Contact Holly Hayes
At the Practice-Based Research Network Core office
Phone: 210.567.7816
hayesh@uthscsa.edu

“Promoting academic-community clinician relationships by building successful Practice-Based Research Networks in South Texas.”
**Friday, October 9, 2009**

2:00 PM—2:30 PM
*Welcome and Introductions to the PBRN Directors*
STARNet, RRNet, South Texas Oral Health Network, and South Texas Psychiatry Network

2:30 PM—2:45 PM
*Use of Narcotic Medications in Treating Chronic Low Back Pain*

2:45 PM—3:45 PM
*Health Care Needs of the Returning Combat Veteran*

3:45 PM—4:00 PM
*Break and Light Refreshments*

4:00 PM—4:45 PM
*Update on Patient-Centered Medical Home*

4:45 PM—5:00 PM
*Question and Answer Period
Closing Remarks*

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**Saturday, October 10, 2009**

8:00 AM—8:30 AM
*Continental Breakfast*

8:30 AM—8:45 AM
*Welcome and Overview of the Agenda*

8:45 AM—9:45 AM
*How to Protect Your Practice from Prescription Drug Abuse — Panel Discussion*

9:45 AM—10:15 AM
*Break*

10:15 AM—10:45 AM
*Preparing Your Office for Pandemic Influenza*
10:45 AM—11:30 AM
Break into Individual Networks for Sessions
(Primary Care, Dental, Psychiatry)
A. Using YouTube for Patient Education
B. Creating a website for your practice
C. Other breakout sessions to be determined

11:30 AM—11:45 AM
Break

11:45 AM—1:15 PM
Lunch
South Central AHEC Presentation
Rapid Fire Research Project Updates

1:15 PM—1:30 PM
Break into Individual Networks

1:30 PM—2:30 PM
Developing and Prioritizing Research Questions
For the Upcoming Year - Break into individual networks
(STARNet, RRNet, Dental, and Psychiatry)
All Participants
Sessions led by Directors of the Individual Networks

2:30 PM—3:00 PM
Sharing your Research Priorities with the Group
Representative from Each Network

3:00 PM—4:00 PM
Reflecting on Common Themes

4:00 PM—4:15PM
Discussion of next steps and closing remarks
PBRNs are comprised of clinicians like yourself, who come together to:

- Develop ideas for research projects on topics that are important and relevant to you and the patients that you care for.
- Provide answers to questions that are relevant to clinicians and patients.
- Serve as a “community of learning” where the wisdom and experience of clinicians like yourself can be drawn on to improve the care we provide to our patients.

From the RRNet Members:
**Benefits to Participation**
- Increases our contact with active researchers at the Health Science Center
- Increases our understanding of our patient population
- Improves research curriculum for residents – I am better able to establish its relevance to their practice.
- Increases the importance of research in residents’ minds when they see me doing it

“STARNet is a part of my practice where everyone wins, the patient, the practice, and the specialty of Family Practice. I believe much of the future evidence establishing the value of primary care, in general, and family practice, specifically, will grow out of office-based medical research. So being involved in STARNet is my way of helping to insure a future that includes healthy patients, healthy practices, and a healthy future for family medicine.

I strongly encourage doctors who want to do something positive for primary care to consider joining STARNet.”

Lloyd Van Winkle, MD
Medina Family Practice
Castroville, TX
San Antonio Attractions

Alamo - 300 Alamo Plz 78205 - (210) 225-1391
www.thealamo.org

San Antonio Riverwalk - 110 Broadway 78205 - (210) 227-4262
www.thesanantonioriverwalk.com

San Antonio Market Square - 514 W Commerce St 78207 - (210) 207-8600
www.marketsquaresa.com

San Antonio Botanical Garden - 555 Funston Pl, San Antonio - (210) 207-3250
www.sabot.org

San Antonio Zoo - 3903 N Saint Marys St, San Antonio - (210) 734-7183
www.sazoo-aq.org

Six Flags Fiesta Texas - 17000 Ih 10 W 78257 - (210) 697-5050
sixflags.com

Seaworld San Antonio -10500 Sea World Dr 78251 - (800) 700-7786
www.seaworld.com

La Villita - 418 Villita St 78205 - (210) 207-8610
lavillita.com

San Antonio Missions - 2202 Roosevelt Ave, San Antonio - (210) 534-8833
www.visitsanantonio.com

Restaurants nearby and on the Riverwalk

Tony Romas Restaurant - 849 E Commerce St # 171, San Antonio, TX - (210) 225-7662

Morton’s the Steakhouse - 849 E Commerce St # 283, San Antonio, TX - (210) 228-0700

Republic of Texas Restaurant - 526 River Walk St, San Antonio, TX - (210) 226-6256

Fig Tree Restaurant - more info - 515 Villita St, San Antonio, TX - (210) 319-4356

Luciano Ristorante Italiano - 849 E Commerce St # 183, San Antonio, TX - (210) 223-0500

Acenar Restaurant - 146 E Houston St 78205 - (210) 222-2362

Biga On the Banks - 203 S Saint Marys St # 100 - (210) 271-7603

Boudro’s On The Riverwalk - 421 E. Commerce - (210) 224-8484
REGISTRATION

Name:_________________________________________________
Practice Name/Affiliation:_________________________________
Address:_______________________________________________
Fax:_________________ E-mail: ___________________________

What days do you plan to attend:
_____ Friday, October 9th
_____ Saturday, October 10th
_____ Both Days

Hotel Accommodations: A special room rate of $118 a night is available at the Grand Hyatt Hotel on the River Walk. To receive the discounted rate, please reference this PBRN Convocation when making your reservation. Deadline for room reservation with the discounted rate is September 25, 2009. Call the Grand Hyatt at 1-800-233-1234 for more information.

Do you plan to book a room for:
_____ Friday, October 9th
_____ Saturday, October 10th
_____ Both nights

FAX FORM TO HOLLY HAYES AT 210.567.7820